



## GLOBAL SOLUTION FOR MENTAL HEALTH



# STAR OF NEW GENERATION1 GLOBAL SOLUTION FOR MENTAL HEALTH





#### Introduction

tar of New Generation1 Company Limited (SNG1) provides a global solution for mental health through its unique model; Mental Health for individual and generation's welfare model. It is the model that aims at individual and generation's welfare through its focus on inherited psychological patterns and the Emotional DNA that impacts mental health and individual's abilities mainly on understanding, accepting, utilizing, evaluating and maintaining them.

## THE MODEL CONCEPTS

I. A Dual Focus: Individual and Generational
Mental Health

Traditional mental health efforts often overlook the influence of generational cycles.

This model addresses both individual and inherited psychological patterns, focusing on inherited psychological patterns and emotional DNA.



## II. Individual Mental Health: Building Psychological Resilience

Key elements include:

- Intelligence
- Cognitive flexibility for personal and professional growth
- Stress management for adaptability
- Psychological maturity
- Self awareness
- Legacy mindset

## III. Generational Mental Health: Healing Psychological Inheritance

The model focus on inherited psychological patterns and Emotional DNA that pass across generations that originate from individuals within family, community, and society.

## IV. Level of Implementation

Level	Mental Health Strategy	<b>Expected Outcomes</b>
Individual	Psychotherapy, cognitive	Positive Mental health,
	therapy, holistic care,	legacy mindset, Growth,
	neuropsychological	transformed mindset
	education	psychological maturity,
		Psychological stability
		and productivity.
Family/	Family therapies,	Healthy Emotional
Generational	Generational therapies,	DNA and psychological
	intergenerational healing,	inherited patterns
	emotional coaching	that pass through
		generations.
		Breaking unhealthy
		inherited cycles and
		strengthening healthy
		bonds.

Community/ Societal	Public mental health campaigns, therapy access, group interventions, crosscultural programs	societal welfare with triggers of effective communication, Healthy Emotional DNA and Psychological inherited pattern that passthrough generations.
Global	Policy development, corporate wellness programs, international collaborations	Global prioritization of mental health for individual and generation's welfare.

## V. Uniqueness of the Model

The model focus on both individual and generation's welfare. It deals with inherited psychological patterns and Emotional DNA that affects individual and generation's welfare. The model has its unique services, products, facilities, assessment tools, projects and training.

## VI. Global impact

The model has been attracting different people around the world through its unique workshops, seminars, training that involves leaders, professions, no-professions, interns, volunteers, institutions etc.

### Conclusion

The Model of Mental Health for Individual and Generation's Welfare offers a transformative, global framework for psychological and generational empowerment.

By integrating individual therapy, generational healing, educational outreach and global policy strategies, the world can reshape inherited perspectives, cultivate resilience and sustain mental well-being across generations.

Already embraced by diverse communities around the world, the model stands as a beacon of hope and transformation for today and for every generation to come.



